

Subject: Physical Education	Year Groups: 7 - 11
Subject Leader: L. Gordon & D. Wharton	Grouping Policy: Mixed ability
Number of lessons per week: 1	Assessment: Teacher assessment

## **Course Content:**

Pupils at BCPRU have access to PE lessons on a weekly basis. Pupils are given the choice of partaking in football sessions or engaging in a range of other activities within the PRU building.

Pupils are given opportunity to represent the PRU in monthly football and pool tournaments against other PRUs. The pupils will represent their site at BCPRU in tournaments as well as merging together to form a BCPRU team against larger PRUs from the area. During these tournaments, pupils reflect on the performance of players from other schools and nominate a player of the tournament from their opposition teams.

When reviewing the performance of the P.E. participants in Friday assembly, there is a focus on the positive attitude of pupils as well as their performance, with a weekly award being given out to the outstanding performer of the week.

In addition, pupils have the opportunity to take part in adventure recreation activities every two weeks. These are delivered by the Adventure Recreation Team, which is part of Bradford Council. Activities that are undertaken include:

- Climbing
- Mountain Biking
- Archery
- High Ropes Course
- Rafting
- Canoeing

During the activities pupils gain the opportunity to develop skills in co-operation, team work, decision making and problem solving.